

Okanagan Cup



Teck



RACE NOTICE

Teck Okanagan Cup #2
Saturday, February 22, 2025



RACE EVENT:	Saturday Feb. 22
	Classic Technique - Mass Start 10:30:00 am
LOCATION:	Sovereign Lake Nordic Centre (22 km east of Vernon, B.C. in Silver Star Provincial Park)
HOST CLUB:	Sovereign Lake Nordic Club
EVENT WEBSITE:	https://www.sovereignlake.com/teck-okanagan-cup-2-teck-okanagan-cup-series-finale/

Okanagan Cup



Teck

RULES:	Nordiq Canada Rules and Regulations are available here .
TECHNICAL GUIDELINES:	Teck Okanagan Cup Series Technical Guidelines are available here .
RACE ENTRY DEADLINE:	Wednesday February 19, 2025 – 23:59 PST LATE ENTRIES WILL NOT BE ACCEPTED.
RACE ORGANIZING COMMITTEE:	Head of Competition: Shane Pearce Head of Course: Andrew Casey Head of Timing & Results: Chris Williamson Head of Stadium: Andrew Casey Competition Secretary: Tanya Hostyn & Leah Volkers - race@sovereignlake.com Technical Advisor: Marcus Boyle
REGISTRATION:	Registration for all categories will take place online at Zone 4 Registration here . Coaches <u>must</u> register on Zone4 (no fee). Racers and Coaches must check the confirmation list on Zone4 to ensure they are registered in the correct age and gender categories. Please contact the Competition Secretary at race@sovereignlake.com with any registration corrections or questions.
LICENSES:	As of the 2023-2024 race season, Nordiq Canada requires that ALL participants purchase a Tier 3 Event Licence for every race (\$3/race) regardless of whether they hold a FIS Licence, Nordic Canada Race Licence, Development Licence, or Associate Race Licence. Zone4 will add this \$3 fee/race automatically during your registration. This is in addition to the SLNC race fees listed below.
WAIVERS:	Waivers must be accepted at online registration on Zone4.

SEEDING:	There is no seeding for this event. Skiers will be grouped according to their category and their position determined by a normal draw procedure on Thursday February 20, 2025.
VOLUNTEER SIGN-UP:	Volunteers can sign-up here .

RACE DISTANCES

**Start times are approximate and will be finalized based on registrant numbers and finalization of the start list*

Category	Start Time*	Birth Year	Distance	Fee
U6 Boys and Girls	10:45 am	2019	500 m	\$10
U8 Boys and Girls	10:50 am	2017/2018	1 km	\$10
U10 Boys and Girls	11:00 am	2015/2016	2 x 1 km	\$10
U12 Boys and Girls	11:25 am	2013/2014	2.5 km	\$15
U14 Boys and Girls	11:40 am	2011/2012	1 x 3.75 km	\$15
U16 Boys and Girls	11:55 am	2009/2010	2 x 2.5km	\$20
U18 Boys and Girls	12:15 pm	2007/2008	3 x 2.5km	\$20

Okanagan Cup



Teck

	U20 Men and Women	12:40 pm	2005/2006	3 x 3.75km	\$25
	Senior	12:40 pm	1995-2004	3 x 3.75km	\$25
	Masters	12:50 pm	1994 and earlier	3 x 3.75km	\$25
	Para Nordic Sit Men and Women	10:30 am	Appropriate courses and distances to be determined after registration.		\$25
	Para Nordic Stand Men and Women	10:30 am	Appropriate courses and distances to be determined after registration.		\$25

ADDITIONAL INFORMATION

START LISTS:	Start lists will be available online at Zone 4 (zone4.ca) by no later than Friday February 21, 2025 at noon (12:00pm).
RACE OFFICE:	The event race office is a small log cabin located behind the Technical Building at the start/finish line. Hours on Saturday February 22, 2025 9:30 am – 1:00 pm
PARKING:	Parking is limited, so please make efforts to reduce the number of vehicles your team brings to the main parking lot.
BIB & CHIP PICK-UP:	Bibs will be sorted by club. Please send one club representative to the race office to pick-up bibs. Bibs will be available for pick up by 90 minutes before the race start. Chips for each race will be picked up in the start area before each race. Each racer is responsible for ensuring they arrive at the chip pick-up early enough to pick up their chip before the start of the race.
COURSE MAPS:	Maps of the race courses will be available before the event on the event website here . Skiers will be responsible for knowing their course prior to the races.
WAXING PROTOCOL:	This race will be governed by the CCBC Waxing Protocol, available here .
WAXING FACILITIES:	There is space for team tents between the lower parking lot and the day lodge. Teams must supply their own wax tents. Power outlets are available. The SLNC Wax Cabin is not for use by ski teams and is reserved for the general skiing public throughout the event. Race course will be available for wax testing prior to the start of the event. Race course will close 5 minutes prior to event start. Please do not wax test on race course once the event starts. Wax testing can continue on trails outside race course.
FACILITIES & FOOD SERVICES:	SLNC sells limited drinks and snack items in the main lodge.
TRAIL PASSES:	Trail fees will be waived for all competitors, registered coaches, and registered assistant coaches on each race day and on the official training day. All persons who wish to ski on the trails outside these dates and conditions must purchase and display a valid trail pass or have a valid season pass.

Okanagan Cup



Teck

TRAIL CONDITIONS:	See trail report at: https://www.sovereignlake.com/conditions/trail-report/
WEATHER:	Up-to- date weather information for the SLNC area is available at the SLNC weather station here . Nearby Silverstar Resort also has weather forecasts available here .
AWARDS CEREMONIES:	<p>An awards ceremony will be held at the completion of the event for all categories receiving medals. Participation ribbons will be handed out a finish line. There will also be a Club Aggregate Award (as this is the final event in the Teck OK Cup Series) that will be awarded at the completion of the event.</p> <ul style="list-style-type: none">• All athletes in U6 and U8 categories will receive Teck participation ribbons• Athletes in U10 to U16 categories will receive Teck medals for the top 3 finishers for each birth year and Teck ribbons for the 4th and 5th place finishers for each birth year• Athletes in the U18, U20, Senior and Masters categories will receive medals (top 3) provided by the Sovereign Nordic Ski Club
CANCELLATION:	If any changes or cancellations occur the information will be posted on SLNC website. Coaches will be individually emailed.